



# Visual Note-Taking/ Study Strategies Course

Lemon Tree is excited to offer a semester-long Visual Note-Taking/Study Strategies Course to our middle and high school students who have completed at least one semester in the Text Forensics therapy program.

In addition to infusing and reinforcing strategies previously learned in Text Forensics, the Visual Note-Taking/Study Strategies Course will further equip our students with effective visual note-taking methods and executive function skills to become life-long thinkers, learners, and "do-ers". The interactive course will accommodate 1-4 students and meet once weekly for 60 minutes.

## **Course Objectives:**

- **Learn a step-by-step "how to" visual note-taking method that engages both the visual and verbal parts of the brain (making studying & learning more effective).**
- **Increase awareness of individual learning styles and customize the note-taking method to fit the student's learning style (not a one-size fits all).**
- **Weave the visual note-taking elements into a variety of effective note-taking systems, like Cornell notes, 2-column notes, or study guides.**
- **Promote the understanding & development of executive function skills (life-essential skills needed to succeed in school, work, and life):**
  - ✓ pay & sustain attention (to listen, study, work, & learn).
  - ✓ organize, plan, and prioritize information (to tackle a challenge, like studying for a test, or completing a long-term project).
  - ✓ start tasks and stay focused until completion (the ability to persist).
  - ✓ manage time.
  - ✓ self-monitor skills (how am I doing?/what needs to be done so I can get to the end with a successful outcome?).
  - ✓ retain information / improve working memory.
- **Develop organizational methods, systems, & strategies for studying.**

## **Course Outcomes:**

- **Take effective notes in class that promote understanding of information.**
- **Study successfully and independently outside of class.**
- **Plan out & execute projects to completion & on time.**
- **Work with ideas to be a thinker, learner, and do-er.**